SEWING FOR A CAUSE



SUBMITTED

The Peshtigo Woman's Club has reached out to community members to help gather fabric donations for students at the Peshtigo Elementary Learning Center. Besides being an important life skill, sewing reinforces math skills for students. Elementary students have been learning to measure fabric for length and width. Students have been sewing dog bandanas, bean bags, scrunchies and lanyards. Some have been making their own patterns. Students are planning to expand the program to sew stuffed animals to donate to the police department and to make pet bandanas to donate to the animal shelter. Pictured are Kelsey Losset and Cindy Sutek of the Peshtigo Women's Club, along with Kay Sodini from the Peshtigo School District.

MEETINGS

• Menominee High School Class of 1970: Tuesday, Feb. 28, Applejacks Restaurant & Pub, 20 W. Hosmer St., Marinette. Spouse/guest welcome. Please call or text 715-923-3997 or message.

• Marinette Woman's Club: Wednesday, March 1, Little River Country Club, N2235 Shore Drive, Marinette. Menu includes deep fried cod, red potatoes, green beans, pasta salad, rolls, ice cream and brownies. Dave Heritsh, professional photographer, will have the program. All area women are invited. Call Patti Olsen for reservations by Sunday at 906-290-4189.





Tri-County dog training classes scheduled

MARINETTE — Tri-County Dog Training Academy will begin Session 2 of dog obedience classes March 7 at The Barking Spot, 1946 Old Peshtigo Road, Marinette.

All class sizes are limited and pre-registration is required as there will be no walk-in registration. Two Beginner classes will be offered at 6 and 7 p.m. starting March 7.

Advanced class will follow at 8 p.m. Puppy class will start March 9 at 6 p.m. This is a 7-week session with training starting the first night of class. An enrollment form may be downloaded at www.tricountydogtraining.org or for additional information call 715-923-6628 or visit the Academy on Facebook.

Payment must accompany the registration. Vaccination records should also be included or may be brought the first night of class. Confirmation notices will be sent to all registrants.





Each week health professionals give their educated opinions on relatable health questions. We believe that *knowledge is power!*





I've got my new hearing aids and people are still mumbling! What is going on?

I hear this a lot. It's frustrating to get hearing aids and then not hear clearly the way you want to! When people get glasses, a prescription is able to clear things up perfectly - for the most part. But what if the person who has trouble hearing has macular degeneration and has a big black spot in the middle of their vision. How do you clear that up? The sad fact is that no set of glasses can clear up macular degeneration. This is similar to hearing.

When someone develops hearing loss, it's generally a slow, progressive development. Sometimes, people don't even notice they have a hearing problem until someone else points it out! The problem with hearing loss is that for most people, it is a breakdown of the actual hearing organ. This leaves sound voids that the brain has to figure out. If you take out the consonants in a passage, the brain has a hard time figuring out what is going on! For example - "-i-e-i- --i- e-e -o-e -e--i-:-i-e-i- -o ou-e-es -n- -e- -oou- -ei--o-". This makes no sense until you add the consonants! "Listening is where love begins: listening to ourselves and then to our neighbors." (Thanks Mr. Rogers!)

Even with hearing aids, there will still be sound voids. Sometimes, we can make things loud enough which will in turn make speech clearer, but not always. Hearing aids are helpers. They can't fix hearing. Sometimes people will notice a certain hearing aid will sound better than a different one, but a hearing aid can only work as well as the hearing organ will allow it. The good news is that as time goes by, with regular wearing, the brain has an easier time interpreting speech! It's important to wear your hearing aids during all waking hours (Let me repeat that...) IT'S IMPORTANT TO WEAR YOUR HEARING AIDS DURING ALL WAKING HOURS. The more you wear them, the better they get! Work with your audiologist to get the best fit for you. It will make everything better!